

# SLINGS/ BRACES

Dr. Taylor / Dr. Penix want you to have a certain kind of sling for your shoulder surgery and/or certain brace for your ACL surgery. I will be giving your paperwork to our DME specialist, Brandi Slaga and/or Mandy Estep; who will be calling you to schedule a time for you to be fitted with the sling and/or brace. The fittings can be done in any of our offices; (Kenwood, West Chester or Mason). They will show you how to put it on, how to adjust it, and they will go over the billing information with you. If for some reason that you have not heard from them and *it's a week before your surgery, please contact Brandi @ (937)302-0786 or Mandy @ (513)239-0701.*

THANKS

After your surgery, it is recommended that you use an ice pack on the surgical area. This will reduce the pain and swelling associated with your surgery making you significantly more comfortable.

You can buy an ice pack at your pharmacy to freeze and use as instructed by your doctor. You may also prefer to use a cold therapy machine, which re-circulates ice water through customized circulation pads held in place using Velcro straps. This machine allows for longer and more consistent cold therapy and prolonged pain relief. ***It is also very helpful for after your post-op physical therapy sessions.*** If you would like to use the cold therapy machine, you may contact one of the following representatives to answers any questions you may have and to arrange purchase, pick-up or delivery.

To **Purchase** a “Donjoy Ice Man” cold therapy machine: \$150.00  
includes pads

**Brandi Slaga (937) 302-0786**

**OR**

To **Purchase** a “Breg Polar Care Cube” cold therapy unit: \$160.00  
includes pads

**Garth Belcher (513) 696-2502**